

## Adulthood is coming.

## We can help you get there.

For patients 16 and over, it's time to prepare for adult life and start thinking about choosing an adult care provider. MSU Health Care works with you to make a smooth transition.

- Take control of your own health
- Get an early start to building a relationship with your new care team
- Work with us to decide the age for moving to an adult provider. Based on insurance rules, this move will need to take place before age 22.
- Get easy access to all things MSU Health Care (billing, scheduling, results)

Our goal is to help prepare and guide you through the move to an adult provider. This includes helping you identify an adult provider and connecting you to community resources. MSU Health Care offers adult primary care at our East Lansing locations: MSU Health Care Family Medicine and MSU Health Care Internal Medicine.

## Get started.

Scan the QR code to find a provider.

MSU Health Care: 844-678-7883 healthcare.msu.edu



