HEALTH. HOPE. HEALING.

MSU Health Care Community Resource Packet
go.msu.edu/CommunityResources
Resources for mental health, social needs, support groups, LGBTQIA+ therapists, etc.

MSU Health Care Psychiatry
go.msu.edu/psych
Clinic that treats children, adolescents and adults of all ages

MDHHS
bit.ly/MDHSMentalHealth
Mental Health Resources

2-1-1
www.211.org/get-help/mental-health
Mental Health Resources

Psychology Today
psychologytoday.com
Find a Therapist

RESOURCES FOR MSU FACULTY, STAFF, STUDENTS, ETC.

MSU Counseling & Psychiatric Services (CAPS)
caps.msu.edu/resources
Many mental health resources available to students, their families, faculty and staff.
  • Resources are available to meet our community where they are virtually, call (517) 355-8270, or visit caps.msu.edu/services/CAPSConnect.html for more information.
  • Employees needing help may also contact the Employee Assistance Program or call (517) 355-4506.

MSU Employee Assistance Program (EAP)
eap.msu.edu
Confidential counseling for MSU faculty, staff, retirees, graduate assistance, and their families

Teledoc Services for MSU Faculty, Staff, and Family
teladoc.com
Select Mental Health option – they offer psychiatry and therapists