As part of its broader commitment to extend access to care in Michigan, MSU Health Care has partnered with Assure Health to launch Care Everyday for patients with health conditions like diabetes, hypertension, obesity, high cholesterol and heart disease, a chronic care management solution that uses Remote Patient Monitoring (RPM) technology.

**Program Outcomes**

Care Everyday patients with diabetes lost 13.25 lbs and decreased blood sugar levels by 10.91 points.

Nearly half of patients enrolled in the Care Everyday program with uncontrolled blood pressure were able to control their blood pressure within six months.

Over the course of these six months, their systolic blood pressure by decreased by 9.3 points and diastolic blood pressure by 6.7 points.

**Program Benefits**

For providers, Care Everyday offers powerful data about the health of their patients, which allows them to more effectively manage care.

Adding the dedicated care manager resource removes some of the administrative burden from MSU Health Care providers, freeing up time and energy to focus on patient care.

Many patients qualify at little to no cost, and overall may see a cost savings due to auto-replenishment of consumables (e.g. diabetic test strips).

**Patient Experience**

Patients are onboarded at recommendation of their provider and receive cellular enabled, condition-appropriate health devices, like blood pressure cuff, weight scales, and blood sugar monitors. The devices auto-transmit patient data to a dedicated nurse care manager who reviews readings, intervenes as necessary and escalates to an MSU Health Care provider when appropriate.

**Program Spokespeople**

- **Michael Weiner, DO, MSM, MSIST**
  Chief Medical Officer, MSU Health Care
  Technology in health care
  Social determinants of health

- **Jeff Nadel**
  CEO, Assure Health
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  Value to health care organization

- **Jaye Noel, MD**
  Chief of Endocrinology, Assure Health
  Diabetes programs
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- **Churlston Han, MD**
  Internal Medicine, MSU Health Care
  Provider experience | Patient benefits