

MEDICAL HEALTH HISTORY

Today's date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Occupation: \_\_\_\_\_

Family Physician: \_\_\_\_\_

Reason for Referral: \_\_\_\_\_

Other Physicians involved in your care: \_\_\_\_\_

Race:

- \_\_\_\_\_ Caucasian
- \_\_\_\_\_ Black or African American
- \_\_\_\_\_ Native Hawaiian or Pacific Islander
- \_\_\_\_\_ Asian
- \_\_\_\_\_ American Indian or Alaskan Native
- \_\_\_\_\_ Other \_\_\_\_\_
- \_\_\_\_\_ Unknown

Ethnicity:

- \_\_\_\_\_ Hispanic or Latino
- \_\_\_\_\_ Non-Hispanic
- \_\_\_\_\_ Unknown

Durable Power of Attorney:

Yes \_\_\_\_\_ No \_\_\_\_\_

Would like information:

Yes \_\_\_\_\_ No \_\_\_\_\_

Copy attached:

Yes \_\_\_\_\_ No \_\_\_\_\_

Living Will:

Yes \_\_\_\_\_ No \_\_\_\_\_

Would like information:

Yes \_\_\_\_\_ No \_\_\_\_\_

Copy attached:

Yes \_\_\_\_\_ No \_\_\_\_\_

List all medications you are taking:

NAME	DOSE	HOW OFTEN	WHEN STARTED

Allergies and Reactions: \_\_\_\_\_

Name of the Pharmacy you use: \_\_\_\_\_

Address/Telephone: \_\_\_\_\_

Have you ever been hospitalized overnight? (Omit childbirth): YES \_\_\_\_\_ NO \_\_\_\_\_

What was the reason or condition for the hospitalizations?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List all previous surgeries and the approximate dates (month and year):

\_\_\_\_\_  
\_\_\_\_\_

For what health problems are you currently being treated?

\_\_\_\_\_  
\_\_\_\_\_

Do you currently drink any alcoholic beverages such as beer, wine, or hard liquor? YES \_\_\_\_\_ NO \_\_\_\_\_

If yes, how many days a week do you drink alcohol? \_\_\_\_\_

On the average day that you drink alcohol, how many drinks per day do you have? \_\_\_\_\_

In the past, has your daily amount of alcohol been greater than this? YES \_\_\_\_\_ NO \_\_\_\_\_

Has alcohol drinking ever been a problem for you? YES \_\_\_\_\_ NO \_\_\_\_\_

Have you ever smoked tobacco? YES \_\_\_\_\_ NO \_\_\_\_\_, chewed tobacco YES \_\_\_\_\_ NO \_\_\_\_\_

If yes, do you still smoke? YES \_\_\_\_\_ NO \_\_\_\_\_

How many years ago did you quit? \_\_\_\_\_

How many years have you smoked? \_\_\_\_\_

How many packs per day? NOW \_\_\_\_\_ PREVIOUSLY \_\_\_\_\_

**WOMEN ONLY:**

At what age did your menstrual periods begin? \_\_\_\_\_

Do you have problems with your menstrual periods? YES \_\_\_\_\_ NO \_\_\_\_\_

Have your menstrual periods stopped? YES \_\_\_\_\_ NO \_\_\_\_\_

If yes, at what age? \_\_\_\_\_

How did your natural periods stop? (CHECK ALL THAT APPLY)

\_\_\_\_\_ Natural menopause

\_\_\_\_\_ Removal of uterus

\_\_\_\_\_ Removal of ovaries

\_\_\_\_\_ Other, explain \_\_\_\_\_

Have you ever taken hormone replacement? YES \_\_\_\_\_ NO \_\_\_\_\_

Have you ever taken birth control pills? YES \_\_\_\_\_ NO \_\_\_\_\_

Have you ever been pregnant? YES \_\_\_\_\_ NO \_\_\_\_\_

Number of pregnancies: \_\_\_\_\_

Number of deliveries: \_\_\_\_\_

Age at first birth: \_\_\_\_\_

Have you ever been treated for any of the following? (CHECK ALL THAT APPLY)

	YES	NO
Cancer		
Bleeding Problems		
Blood Disease		
Heart Problems		
High Blood Pressure		
Diabetes		
Thyroid Disease		
Liver Problems		
Emphysema		
Pneumonia		
Strokes		
Seizures		

FAMILY HISTORY:

Is your mother still alive? YES \_\_\_\_\_ NO \_\_\_\_\_

If no, what was the cause of her death? \_\_\_\_\_

What was the age of her death? \_\_\_\_\_

Is your father still alive? YES \_\_\_\_\_ NO \_\_\_\_\_

If no, what was the cause of his death? \_\_\_\_\_

What was the age of his death? \_\_\_\_\_

How many brothers and sisters do you have? \_\_\_\_\_

If any are deceased, what was the cause and ages of death?

\_\_\_\_\_  
\_\_\_\_\_

Is there family history of the following? (CHECK ALL THAT APPLY)

	YES	NO
Cancer		
Bleeding Problems		
Blood Disease		
Heart Problems		
High Blood Pressure		
Diabetes		
Thyroid Disease		
Liver Problems		
Emphysema		
Pneumonia		

Strokes		
Seizures		

Have you experienced any of the following? (CHECK ALL THAT APPLY)

	Yes	No	Explain
Dizziness or passing out			
Memory problems			
Vision problems			
Decreased hearing			
Difficulty swallowing			
Voice changes			
Shortness of breath			
Coughing up blood			
Pneumonia			
Cold (within the last month)			
Frequent infections			
Chest pain			
Irregular heartbeat			
Blood clots			
Leg pain with walking			
Ankle swelling			
Chronic pain in bones or joints			
Abdominal pain			
Nausea or vomiting			
Diarrhea			
Blood in the stools			
Chronic constipation			
Recent weight loss or gain			
Blood or pus in urine			
Frequent or painful urination			
Inability to control urine			
Severe depression or anxiety			
Abnormal vaginal bleeding			
Vaginal discharge			
Pain with intercourse			
Skin changes			
Unusual lumps or swelling			
Fever, chills or night sweats			
Frequent headaches			

Reviewed by: \_\_\_\_\_ Date \_\_\_\_\_

Physician Signature